



EUROPEAN WORKSHOP

FOR PREVENTION OF OBESITY

World Obesity Day

DATE

Tuesday, March
4th, 2025



TIME

9.30 – 13.00
CET



**FREE
UNTIL FULL
CAPACITY**

**Open to researchers, clinicians and
related professionals**

REGISTER NOW

**HYBRID EVENT CELEBRATED
IN BRUSSELS**

Contact in case of any questions:

 info@eprob.es



DETAILED PROGRAMME

World Obesity Day – European Workshop

09.00 - 09.25: Reception of participants.

09.25 - 09.30: Welcome.

PANEL 1. 'EARLY RISK FACTORS FOR OBESITY: FROM CONCEPTION TO PUBERTY'. CHAIR: ANNE SIMONE PARENT

09.30 - 09.45	Felip Vilella. INCLIVA, Carlos Simon Foundation. Spain.	'Periconceptual determinants of obesity'.
09.45 - 10.00	Susan Ozanne. University of Cambridge. UK.	'Developmental and gestational origins of obesity'.
10.00 - 10.15	Anders Juul. Rigshospitalet. Denmark.	'Child obesity and puberty: reciprocal interactions'.
10.15 - 10.25	Q&A and debate	Moderated by the panel Chair.

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World Obesity Day – European Workshop

PANEL 2. 'PREVENTING OBESITY: FROM MECHANISMS TO INTERVENTIONS'. CHAIR: FERNANDO FERNÁNDEZ

10.25 - 10.40	Sebastien Bouret. Institut national de la santé et de la recherche médicale (INSERM). France.	'Obesity as a brain disease - implications for prevention'.
10.40 - 10.55	Itziar Tueros. AZTI, Food Research. Spain.	'Preventing obesity and diet-related diseases via innovative diet-monitoring and personalised nutrition'.
10.55 - 11.10	David Thivel. European Group on Childhood Obesity. France.	'Evolving importance of energy expenditure and physical activity on the regulation of energy balance in paediatric obesity'.
11.10 - 11.20	Q&A and debate	Moderated by the panel chair.

11.20 - 11.50: Networking Coffee.

11.50 - 12.00: Early prevention of obesity projects: eprObes and BIO-STREAMS.



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OBEClust
European Cluster of Obesity
Research Projects

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PANEL 3. 'GLOBAL STRATEGIES FOR OBESITY PREVENTION'. CHAIR: MANUEL TENA

12.00 - 12.15	Paulo J. Oliveira. University of Coimbra. Portugal.	'OBEClust. European Cluster of Obesity Research Projects'.
12.15 - 12.30	María del Puy Portillo. Spanish Network of Excellence of Research in Obesity and Nutrition (CIBEROBN). Spain.	'Obesity research areas at the Spanish Network for Research in Obesity & Nutrition'.
12.30 - 12.45	Giuseppina Luvara. European Commission. Belgium.	'European Union R&I policy on Food 2030 and Obesity'.
12.45 - 12.55	Q&A and debate	Moderated by the panel chair.

12.55 - 13.00: Final conclusions and closure.



PARTICIPATION

The workshop is open to the participation of researchers, clinicians or industry professionals.

The participation is free of charge.

The event is hybrid, so allowing in-person or virtual participation.

There is no more room for in-person participants, but virtual participants can register until online full capacity is reached.

MEETING VENUE

The meeting will take place at
Hotel Warwick
Rue Duquesnoy 5, 1000
BRUSSELS, BELGIUM

WOULD YOU LIKE TO ATTEND ONLINE?

[REGISTER NOW](#)



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eprObes (Early Prevention of Obesity) is a European research project focused on advancing knowledge and solutions for early obesity prevention and management. It integrates diverse disciplines to develop innovative strategies and improve public health outcomes.

Horizon Europe

The European Union's key funding program for research and innovation, running from 2021 to 2027 with a budget of €95.5 billion. It aims to tackle global challenges, drive economic growth, and foster technological and scientific excellence.

OBEClust

European Cluster of Obesity Research Projects is a network of EU-funded projects dedicated to addressing obesity through interdisciplinary collaboration. It connects projects to enhance research impact and foster sustainable solutions to the obesity epidemic.

www.eprobes.eu

info@eprobes.eu